## *“How to Handle Discouragement”*

Psalm 13Dr. Harlan Betz

**THE INTRODUCTION:**

Written in a Time of Trouble. Written in the Depths of Despair.

**THE SUPERSCRIPTION:**

This psalm was written by David!

**THE EXPOSITION:**

**1A. David on his face – Mourning (1-2).**

1. God has \_\_\_\_\_\_\_\_\_\_\_\_\_\_ me.

2. God doesn’t \_\_\_\_\_\_\_\_\_\_ about me.

3. I’m just going to have to \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ for myself.

4. It isn’t \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

**2A. David on his knees – Praying (3-4).**

1. Instead of complaining about God forgetting him and not caring about him,

David is praying that God will \_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_. (Read 3a)

2. Instead of complaining about the sorrow and frustration he was experiencing,

David is praying that God would\_\_\_\_\_\_\_\_\_ his\_\_\_\_\_\_\_\_\_. (Read 3b)

3. Instead of complaining about an exalting enemy,

David entrusts the problem \_\_\_\_\_ the \_\_\_\_\_\_\_\_\_\_\_\_.

**3A. David on his feet – Rejoicing (5-6).**

1. Instead of doubting, David declares, *“I have \_\_\_\_\_\_\_\_\_\_\_ in thy mercy!”*

2. Instead of sorrow, David declares, *“My heart shall \_\_\_\_\_\_\_\_\_\_\_\_ in thy salvation!”*

3. Instead of complaining, David declares, *“I will \_\_\_\_\_\_\_\_\_\_ unto the Lord!”*

David, who began the psalm in \_\_\_\_\_\_\_\_\_\_\_\_ is ending the psalm in \_\_\_\_\_\_\_\_\_\_\_\_!

**THE APPLICATION:**

When we are under the pile, when we are being crushed by troubles, when we are deeply discouraged, we can turn to Psalm 13, and be reminded that:

1. God is still \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

2. Prayer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

3. Faith is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!

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